

# **MHS CHEER TRYOUTS 2018-2019 SEASON**

**YOU MUST HAVE A CURRENT PHYSICAL ON FILE IN THE ATHLETIC OFFICE IN ORDER TO ATTEND THE CLINIC AND TRYOUTS!! A CURRENT PHYSICAL MUST BE DATED APRIL 15, 2017 OR LATER! YOU WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT A CURRENT PHYSICAL!!!**

**CLINIC DAY: THURSDAY, JUNE 7, 2018 TIME:6:00pm to 8:00pm**  
**THE ONE DAY CLINIC ON JUNE 7th IS MANDATORY!**

PLACE: MONROE HIGH GYM AND COMMONS

**DRESS CODE FOR CLINICS: \*\*NO JEWELRY!! NO EXCEPTIONS!**

T-shirt (no tank tops, v-neck or low cut neckline tank tops)

Athletic shorts( no rolled down waist bands)

Torso must be completely covered

Athletic shoes

Hair: Pulled back in high ponytail, loose pieces clipped back from face(no bangs)

No long or fake nails or colored nail polish! Nails cannot extend past finger tips

**TRYOUT DATE: SATURDAY, JUNE 9<sup>TH</sup>, 2018 (ONE DAY ONLY!!!!)**

**Time:Varsity: 9a.m.-Noon -JV: 1:00pm and Freshman immediately following**

## **DRESS CODE FOR TRYOUTS:**

Plain White T-shirt(NO tank tops, V-neck or low cut neckline tank tops, no writing on shirts, t-shirts cannot be cut or tied)

Plain black athletic shorts(NO writing on shorts and waistband cannot be rolled down)

Torso must be completely covered

Hair must be pulled back in a high ponytail with all loose pieces clipped away from face(No bangs)

No long nails, fake nails or colored nail polish! Nails cannot extend past finger tips

Athletic shoes , NO SEE SOCKS

**NO JEWELRY!!!!!! NO EXCEPTIONS!!!!!!**

**IF YOU ARE NOT DRESSED THIS WAY YOU MAY NOT TRY OUT!!!!**

**REQUIREMENTS FOR VARSITY AND JV:** fight song, precision drill, left and right herkie, toe touch, switch splits, gymnastic skill, attitude and crowd appeal.

(additional requirements for Varsity will be given on the day of clinic)

**REQUIREMENTS FOR FRESHMAN:** precision drill, left and right herkie, toe touch, switch splits, gymnastic skill, attitude and crowd appeal.

**PHONES ARE NOT ALLOWED DURING CLINIC OR TRYOUTS!**

Coach McMullen, Coach Guy, Coach Linsenmeyer ISSUED MAY 15, 2018